

Curriculum Area: Year 11 PE

2017/2018

Topics	Year Curriculum	How you can support learning at home, eg. books, websites, family learning through visits
Students will be able to describe, using relevant examples, the attributes required for, and responsibilities of, sports leadership. They will be able to describe the attributes of two selected successful sports leaders.	AP1	Sheffield Springs Academy deliver the following units of the attached specification – 1, 2, 5 and 6. A link to the specification is below: BTEC Sport Specification
Students will be able to describe, using relevant examples, the attributes required for, and responsibilities of, sports leadership. They will be able to describe the attributes of two selected successful sports leaders, plan two selected sports activities and independently lead a sports activity session.	AP2	Sheffield Springs Academy deliver the following units of the attached specification – 1, 2, 5 and 6. A link to the specification is below: BTEC Sport Specification

<p>Students will be able to describe, using relevant examples, the attributes required for, and responsibilities of, sports leadership. They will be able to describe the attributes of two selected successful sports leaders, plan two selected sports activities and independently lead a sports activity session.</p> <p>Students will be able to review the planning and leading of the sports activity session, describing strengths and areas for improvement, and targets for future development as a sports leader.</p>	AP3	<p>Sheffield Springs Academy deliver the following units of the attached specification – 1, 2, 5 and 6.</p> <p>A link to the specification is below:</p> <p>BTEC Sport Specification</p>
<p>Students will be able to describe ways in which the musculoskeletal system responds to short-term exercise and describe ways in which the cardiorespiratory system responds to short-term exercise. They will be able to summarise, using relevant examples, long-term adaptations of the musculoskeletal system to exercise and summarise, using relevant examples, long-term adaptations of the cardiorespiratory system to exercise.</p>	AP4	<p>Sheffield Springs Academy deliver the following units of the attached specification – 1, 2, 5 and 6.</p> <p>A link to the specification is below:</p> <p>BTEC Sport Specification</p>
<p>Students will be able to describe ways in which the musculoskeletal system responds to short-term exercise and describe ways in which the cardiorespiratory system responds to short-term exercise. They will be able to summarise, using relevant examples, long-term adaptations of the musculoskeletal system to exercise and summarise, using relevant examples, long-term adaptations of the cardiorespiratory system to exercise.</p> <p>Students will be able to describe the function of the three energy systems in the production and release of energy for sports performance.</p>	AP5	<p>Sheffield Springs Academy deliver the following units of the attached specification – 1, 2, 5 and 6.</p> <p>A link to the specification is below:</p> <p>BTEC Sport Specification</p>
Exam Period	AP6	