

## Curriculum Area: Year 10 Health and Social Care

**2017/2018**

Topics	Year Curriculum	How you can support learning at home, eg. books, websites, family learning through visits
<p><b>Learning Aim:</b> Understand human growth and development across life stages and the factors that affect it.</p> <p>Students will study how people grow and develop over the course of their life, from infancy to old age, this includes physical, intellectual, emotional and social development, and the different factors that may affect them.</p> <p><b>Students will:</b></p> <ul style="list-style-type: none"> <li>• Describe growth and development across three life stages for a selected individual.</li> <li>• Explain how different factors have affected growth and development of a selected individual.</li> <li>• Compare the different factors that have affected growth and development across three life stages for a selected individual.</li> <li>• Assess the changing impact of different factors in the growth and development across three life stages of a selected individual.</li> </ul>	AP1	
<p><b>Learning Aim:</b> Investigate how individuals deal with life events.</p> <p>Students will investigate how an individual’s development can be affected by major life events, such as marriage, parenthood or moving house, and students will learn about how people adapt to these changes, as well as the types and sources of support that can help them.</p> <p><b>Students will:</b></p> <p>Explain the impact of a life event on the development of two individuals. Explain how two individuals adapted to a life event, using support.</p>	AP2	

<p>Compare the ways that two individuals adapted to a life event and the role that support played. Assess how well two individuals adapted to a life event and the role and value of support in this.</p>		
<p><b>Learning Aim:</b> Understand the different types of health and social care services and barriers to accessing them</p> <p>Students will develop an understanding of health and social care services and develop skills in applying care values that are common across the sector.</p> <p><b>Students will:</b></p> <ul style="list-style-type: none"> <li>• Explain how health and social care services meet the needs of individuals in a given scenario.</li> <li>• Explain how barriers could affect the use of one health or social care service for an individual in a given scenario.</li> <li>• Analyse the extent to which health and social care services meet the needs of individuals in a given scenario, explaining how barriers for one service can be overcome.</li> <li>• Assess the suitability of health and social care services for individuals in a given scenario, making justified and realistic suggestions for how barriers for one service can be overcome.</li> </ul>	AP3	
<p><b>Learning Aim:</b> Demonstrate care values and review own practice.</p> <p><b>Students will:</b></p> <ul style="list-style-type: none"> <li>• Demonstrate the care values independently in a health or social care context.</li> <li>• Describe positive and negative aspects of own demonstration of the care values and comment on aspects of feedback.</li> <li>• Demonstrate the care values independently in a health or social care context, making suggestions for improvements of own application of the care values that incorporate feedback.</li> <li>• Demonstrate the care values independently in a health or social care context, making justified and appropriate recommendations for improvements of own application of the care values that incorporate feedback.</li> </ul>	AP4	
<p><b>Learning Aim:</b> Demonstrate knowledge and understanding of factors that affect health and wellbeing</p>	AP5	

<p>Students will explore how factors can affect an individual’s health and wellbeing positively or negatively.</p> <p><b>Students will:</b></p> <ul style="list-style-type: none"> <li>• define health and wellbeing: a combination of physical health and social and emotional wellbeing, and not just the absence of disease or illness.</li> <li>• Develop an understanding of physical and lifestyle factors that can have positive or negative effects on health and wellbeing</li> <li>• Develop an understanding of social, emotional and cultural factors that can have positive or negative effects on health and wellbeing.</li> <li>• Develop an understanding of Economic factors that can have positive or negative effects on health and wellbeing.</li> <li>• Develop an understanding of Environmental factors that can have positive or negative effects on health and wellbeing.</li> <li>• The impact of life events relating to relationship changes and changes in life circumstances.</li> </ul>		
<p><b>Learning Aim:</b> Be able to interpret health indicators.</p> <p>Students will learn to interpret physiological and lifestyle indicators, and what they mean for someone’s state of health.</p> <p>Students will:</p> <ul style="list-style-type: none"> <li>• interpret indicators that can be used to measure physiological health, interpreting data using published guidance.</li> <li>• Use published guidance to interpret data relating to these physiological indicators.</li> <li>• Identify the potential significance of abnormal readings: risks to physical health.</li> <li>• interpret lifestyle data in relation to risks posed to physical health.</li> </ul>	AP6	